



# How to Create a Powerful Retreat @ Bend of Ivy Lodge

## → Design Your Retreat

- Leave plenty of space throughout
- Offer Various Activities
- After Dinner Activities
- Plan an Off-Site Excursion
- Healing Rituals



## → Before Your Retreat Begins

- Prepare your guests what to expect
- Send Reminders
- Have a Designated Welcome Crew
- Give a Welcome Gift
- Allow for a Spacious Arrival



## → During Your Retreat

- Make Snacks Available
- Give Breaks, lots!
- Have a Welcome Circle
- Dinners are time to connect
- Have a Goodbye Circle

